

TIZIANA TRAVELS
PACKING LIST

I'VE BEEN REFINING THIS LITTLE PACKING HELPER OVER THE LAST FEW YEARS
TO SIMPLIFY MY TRAVEL PREPARATIONS

DISCLAIMER: THIS IS A SHORTEND VERSION

TRAVEL MINIMALISM: WHICH ESSENTIALS DO YOU REALLY NEED?

[backpacking light edition]

TIZIANA TRAVELS
PACKING LIST

FRONT PAGE

handluggage

- travel documents /
boardingcard
- cash & creditcard
- Passport
- Vaccination pass
- Mobile & charger
- powerbank
- earphones
- adapter
- camera & battery
- laptop & charger
- notebook & pens
- book / e-reader
- tissues
- eye-drops
- chewing gum

- energy bar / snack
- refillable bottle
- medicine
headache tablets
sleeping pills
- handcream & lip care
- trombose stockings
- changing clothes + bikini
- Scarf
- sunglasses & cleaning
cloths
- vitamin c tablets against
sunburn
- _____
- _____

clothes

- T-Shirts / tops [3]
- longsleeves [1]
- sweater / jacket [2]
- bras [2] + sports bra [1]
- underwear [5]
- long pants / jeans [2]
- shorts [1]
- skirts [1]
- dresses / jumpsuits [1]
- socks [4]
- swimsuit / bikini [2]
- rain coat / jacket [1]
- sportswear [1]
- pajamas [2]
- _____

shoes

- flipflops [1]
- sneakers [1]
- gym shoes [1]
- ballerinas /
open shoes [1]
- _____

bags

- handbag [1]
- daybag /
shopping bag [1]
- sunglasses [1]
- minibag for dirty
laundry [1]
- _____
- _____

